

catholic care  
**news**

**AUTUMN 2011**

## WELCOME

to the autumn edition of Catholic Care's newsletter. I hope you find the articles interesting and informative. Certainly, a lot of hard work has gone in behind the scenes by service users and staff.

Every year the schools in the Diocese support the Good Shepherd Appeal. This year marked the 100th Anniversary of the Good Shepherd. On the 17th June 2011,

Bishop Arthur led the celebration in St. Anne's Cathedral, Leeds which brought together children from schools right across the Diocese. Representatives from the schools presented, to his Lordship, their efforts in supporting the Good Shepherd. I want to thank everyone who was associated with this marvellous effort in this Centenary Year.

In two years time, Catholic Care will celebrate its 150th birthday. As we prepare the theme we have adopted is 'Rediscovering our Roots'. We have much to learn from the dedication and faith of those who have gone before us in serving the needy of the Diocese. We hope to mark

this 150th birthday with appropriate ceremonies throughout 2013.

I hope to give more attention to developing a pool of volunteers who support the work of Catholic Care. There will be more details available later. In the meantime, if you are interested in volunteering, please call Catholic Care on 0113 3885400.

**Roddy Minogue**  
Co-ordinator of  
Caring Services



## Mission Statement

*Catholic Care is a charitable organisation working on behalf of the Diocese of Leeds. It offers a variety of services and support, not only to the Catholic population, but also to the wider community as a whole.*

*Catholic Care acts to support those in need of its services, especially the weak and the vulnerable and it acts as an advocate for those unable to represent themselves.*

*The primary purpose of the agency is to foster and influence a vision of how people can live together in Christian charity, love and justice, by taking the 'Caring Church into the Community'.*

## Christmas Card Collection 2011



### Real Christmas Cards - Bringing you the true Spirit of Christmas

**Our 2011 Christmas Card Brochure is now available.** All the profit made on the sale of the Christmas cards and any additional donations go directly to support our work, so your contribution is a very practical way to support us.

There are 18 cards available in various sizes, which encompass modern and traditional art, but all with a religious theme. The message inside the cards will be: **'Wishing you the joy and peace of Christmas and a happy New Year'** As with previous years we cannot offer personalised cards.

**If you wish to receive more copies of our brochure please contact Karen on:**

**direct dial: 0113 3885 403 fax: 0113 3885 401  
email: karen.byram@catholic-care.org.uk**



**22 September 2011**  
At 2pm

Wheeler Hall, St Anne's Street, Leeds

**Speaker**

**The Rt Rev Tony Robinson**  
Anglican Bishop of Pontefract

# GIANNA PROJECT

Over the past few months, we have been very busy setting up a new Project.

This Project is to be called Gianna and the name originated from an Italian Saint, St Gianna, patron saint for mothers, doctors and unborn children. The Project has been set up to support women and their families, when there has been a crisis pregnancy.

The Gianna Project, run by the project worker and volunteers, is currently supporting three families: two where the women have recently given birth and one young girl whose baby is due in August. Our role varies depending on each families' individual circumstances. We assisted one family to purchase some baby equipment and provided some good quality baby items which had been donated to Catholic Care. We have been involved with 'Team around the Child' meetings, networking with other agencies to support a family. For our mum-to-be, we are currently working with the local education body to ensure a package of education and nursery care is in place following the birth of her baby, to allow her to continue her education, preferably in one of our Catholic Colleges.

**Volunteers:** Volunteers wishing to help on this Project are always needed and welcome.

**Contact details:** If you would like to find out more about the Gianna Project, or if you know of a woman in a crisis pregnancy who is need of help, please contact our project worker, Eileen Holland Tel: 07870274482 Email: eholland@catholic-care.org.uk

## SUPPORTED LIVING

Hello, my name is Jim, I'm 62 and I live in one of Catholic Care's supported living projects.



In April of this year I started attending a cooking class at my local Adult Education Centre, called 'Summer Suppers'. It has been a few years since I have attended any classes/groups, but with the support from the staff who look after me, I decided I would like to go back to college again and gain some new skills which would benefit me in my everyday living and help maintain my independence.

I go to my class every Wednesday afternoon, accompanied by one of my support staff. Each week we make a different meal, and at the start of the session we discuss the recipe, the nutritional value and the method of how we are going to cook it.

We then move into the kitchen and I go to my workstation, wash my hands, and then put on my apron and hat. I then collect all the utensils and ingredients I need to use and with the encouragement from my support staff I follow the recipe and prepare my meal.

I have cooked many dishes from all around the world. My favorites have been salmon fishcakes, pizza and oriental beef noodle stir fry.

Once I have completed my cooking I sit down with the rest of the group and we eat the meal we have all just made, whilst having a chat with one another.

To finish off the session we have, of course, to wash our items and tidy up. Then with help from my support staff we record all the tasks I have performed and any new skills I have learnt. As a group we then decide what we are going to make at the next session.

I really enjoy going to my class and meeting up with the others in the group who have now become my friends. I have finished now for the summer break and look forward to trying out my recipes again at home and then going back again to my class in September.



## Art Workshop Foundry Mill

**The art workshop is held from 11am to 12 noon, every Thursday morning in the kitchen at Foundry Mill.**

*Nigel sketches objects onto his art pad and Norman sketches people and buildings onto his art pad.*

*Jackie, from head office, attended an art class held one Thursday afternoon and gave Norman colour pencils to colour in his pictures. Nigel and myself were taught quilling, which was very interesting and the final pieces were done to decorate bookmarks and Easter cards.*

*My pictures were of stained glass windows, coloured in with felt-tips and then framed.*

*We are hoping to do some painting soon and I have painted a picture on a canvas art pad which is framed and hangs in my flat.*

*Julie*



## Lambing at Ribblehead

**We had a brilliant day on our lambing trip to a farm at Ribblehead. Those in attendance were Matthew, Michael, Mary, Julie, Graham, Annette and Nigel. Julie and Olivia (staff) came with us.**

*We met Judy nearby and travelled to the farm owned by Rodney, the farmer, who was a very nice friendly man, and his sheepdog - Mist. We helped the farmer round-up the lambs and sheep. The lambs were two weeks old. We helped to tag and mark the lambs - there were about 60-70 to mark and tag.*

*Afterwards we had our picnic. We then walked over the fields to another field where we were lucky enough to see two lambs being born. It was a most enjoyable day.*

*Annette*

# Redholt Children's Home

Redholt Children's Home has seen a period of stability over recent months. All our young people have settled well and generally get on with each other. Relationships with all staff are extremely positive and good 'banter' is heard regularly between all parties!

Over the last six months we have supported a final year social work student, who undertook her final placement with us. This culminated in her giving a presentation to our senior colleagues at Head Office on the impact the financial cutbacks would have and are having. This presentation included all areas of the Agency. Feedback from senior management was extremely favourable.

The end of March saw the discharge of one of our young people back to the care of his Mother. This was celebrated with a leaving party, and a photograph album of the various trips etc. that he was involved in was presented to him as a reminder of the good times during his three years with us. Recently one of our ex-residents paid us a visit and stayed for tea, he is doing extremely well both at school and in his foster placement. Over recent weeks the staff and young people at Redholt have been having a jolly good time, with visits to:

- Chester Zoo
- Diggerland
- Bridlington

Further trips are currently being arranged for the summer holidays, including a week's stay at Primrose Valley Caravan Park.

All our young people attend weekly Scouts and Cubs and involve themselves in all the activities arranged through the movement, including participating in regular church parades in the centre of Bradford. One young man who attends Cubs is to spend time with them staying on the Lord Amory sailing boat with a full programme of activities. Our eldest young man is due to spend two weekends away with the Cadets. Our two young ladies attend a local dance studio learning various dances including 'Street Dance' and are currently undertaking dance examinations.

This opportunity, allows me to make special mention that all our young people continue to attend their appropriate schools and all are achieving 100 per cent attendance. They are all making fantastic academic progress and should be congratulated.



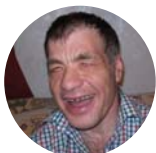
## RIDING FOR THE DISABLED

*Two residents from Allerton Park have recently started riding with Ackworth Riding for the Disabled Group. They are both doing really well and are now venturing out for hacks on lovely quiet country lanes on their gentle and well behaved horses.*

*Ann, who had never ridden before, is growing in confidence every time she goes, and looks forward to the next session very eagerly.*

*Robert, who rode as a boy, has no fear and is quite happy to trot around the arena looking like a pro. It is a wonderful outdoor activity for them and the RDA volunteers who run the sessions are fantastic - always welcoming, helpful and patient.*

*Riding and being around horses is beneficial on many different levels and we hope they will continue to ride for many years.*



*Craven House was the venue for a special party on 1st July as Tony attained his 50th year earlier that week. Tony celebrated his birthday with his mum, friends, staff and some of their families at Craven House and the service users from Eller Mews visited and enjoyed the evening too. Everyone tucked into a buffet tea in the conservatory on what was a lovely hot day. **Happy Birthday Tony!***

## GARDENING WITH GRACE

We work with a lady called Judy Rogers, who works for an organisation called 'People & The Dales'. This is funded by the Yorkshire Dales Millennium Trust that aims to open up the Dales area and make it accessible to a wide range of disadvantaged groups.

We have been on several days out including walking, a day on a farm when we were lucky enough to witness two lambs being born and a visit to an organic gardening project.

Our most recent day out was to the 'Gardening With Grace' gardening project at Clapham. This is an organically run project growing everything under glass and relies upon lots of volunteers to help run it. Produce is grown and then either

sold in their shop or vegetable boxes are made up to sell locally. Some produce is sold to local businesses.

We arrived late morning and were greeted with lots of smiles and a welcome cup of tea or coffee. Helena, who works at the project showed us around all the green-houses and explained the idea of organic growing, what everything was and how it all complimented each other to encourage growth. We were able to taste certain flowers that were edible

and freshly picked vegetables. After a picnic lunch everybody helped to harvest some of the shallots - this was hot work in the green-house but everybody got involved and enjoyed it. After this we spent some time potting beans ready for them to go into the germination greenhouse.

Time for home - everybody was hot, tired and some were dirty but everybody agreed that it had been a really interesting, informative day.

Julie



## WHO DO WE CARE FOR? A DIRECTORY OF SERVICES

### Children's Residential Services

We have two children's homes in Leeds and Bradford, that offer medium to long term care for children and young people who can no longer live with their own families for a variety of reasons.

**Contact: Mary Simmons**  
Service Manager - Residential Children

### Services for Adults with Learning Disabilities

Ten projects offering 'homes for life' for approximately fifty adults with varying degrees of learning disability; three residential homes in Dewsbury, Leeds and Sutton-in-Craven; seven supported living projects in Todmorden, Brighouse, Bingley, Keighley, Leeds and Skipton.

**Contact: Sharon Forbes**  
Service Manager - Adults with Learning Disabilities

### Supported Housing for Adults with Mental Health Needs

We have four supported housing schemes for people with mental health issues in Leeds, Bradford and Sowerby Bridge. The projects offer self-contained accommodation with communal facilities and on-site professional support.

**Contact: Mary Simmons**  
Service Manager - Mental Health

### Schools and Family Social Work Service

A school and parish based social work service providing advice, support and counselling for children, young people and their families, as well as support to teaching staff. Our team of ten work in 42 primary schools, 15 high schools and colleges, as well as parishes and the community.

**Contact: Chrissie Moran**  
Service Manager - Schools and Community

### Huddersfield Deanery Project

Catholic Care works in partnership with the Huddersfield Deanery Project, in seeking to address practical, social and spiritual concerns of older people.

**Contact: Joann Wareham**  
Project Manager

Catholic Care (Diocese of Leeds)  
11 North Grange Road  
Headingley Leeds LS6 2BR

# Good Shepherd Celebration

## A Hundred Years of Caring

Friday 17 June 2011



As usual Leeds Cathedral was full with children from the four corners of the Diocese all excitedly awaiting the arrival of the Bishop. On the stroke of ten o'clock he arrived and joined them in their colourful procession of school banners as they made their way to the altar.

Roddy Minogue, the Co-ordinator of Caring Services, Catholic Care, welcomed the Bishop to the service along with everyone else who were to play a part in the morning's proceedings and thanked all those who had given their time, effort and money in the raising of money for the Good Shepherd collection. He welcomed the host schools who were to lead the liturgy - namely St. Wilfrid's High School, Featherstone and St. Joseph's Castleford. They opened the liturgy by presenting dramatised readings and reflective dance using the words from Corinthians and the Gospel of John as well as the singing of 'Peace Perfect Peace'. Students from each school then moved forward to present their cheques to the Bishop while the choirs from St. Patrick's and Our Lady of Lourdes schools in Huddersfield sang.

In his homily, the Bishop thanked everyone for being there on this wonderful occasion, and for making it so by their generosity of love and giving - in fact giving more than £31,000. He then asked the children if they thought anyone was here now who had been here 100 years ago, surprising them with the answer that yes there was - and it of course was God. God, he told them, lives in love and lives in them and, he as Bishop, wished to thank all of them with a profound thanks for what they had done in collecting all that money to help those who were less fortunate.

Though the Bishop had a very busy day ahead of him, he remained in the Cathedral after the service to have his picture taken with as many groups as wanted to be photographed with him.

### Money Matters

*The income that Catholic Care receives from voluntary sources is vital to maintaining and indeed strengthening our work in the community. This is a list of the money that we have received in the year ended 31 March 2011.*

Good Shepherd Appeal in the Schools	50,107
Annual Appeal in the Churches	15,255
Bequests	395,915
Individual Donations	13,361
Sale of Christmas Cards	3,177
Gift Aid recovered on donations	2,604
Business Sponsors	1,810

*Many thanks to all those who have given either individually or collectively, your contributions are much appreciated.*

*Please do not hesitate to contact us if you would like further information on ways you can contribute towards the ongoing work of Catholic Care.*

### Annual Appeal in the Churches

Sunday 3 April 2011

Each year the Diocese of Leeds allows us to make an appeal for funds to undertake our work within the Diocese. This work is a vital sign of the presence of Jesus Christ and the Catholic Church within today's often difficult and unwelcoming society. If you are interested in hearing more in your parish about our work, please contact us on 0113 388 5400 to discuss, or send an email to [info@catholic-care.org.uk](mailto:info@catholic-care.org.uk) and we will be in touch.

2011 was our Thirteenth Annual Appeal held in the Churches of the Diocese. So far we have received £12,302. Last year's total response was £15,255. The Bishop, as always, is supportive and appreciative of the tremendous efforts that the parishes make for this appeal.

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