

www.catholic-care.org.uk

Annual Review 2016/17



A service you can believe in

Catholic Care 

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A Welcome from Carol Hill, Director



Welcome to our 2016/2017 Annual Review

Catholic Care was formed over 100 years ago as the Church responded to the dreadful social conditions at the end of the Victorian era. Here poor housing and a high prevalence of disease resulted in premature death and many children left orphaned and wandering the streets. The Catholic Church raised funds and built an orphanage at Mount St. Mary's in Leeds and so Catholic Care was born.

The Charity continued to care for children until the 1980s when the Care in the Community Act came out. It was at this time that the Charity changed its remit from caring only for children to caring for adults with mental health issues and learning disabilities as well, and took its current name of Catholic Care. These services still continue successfully today.



Our Mission

In everything we do we strive to show how the teachings of Christian love, charity and justice can shape the way we live together. We aim to achieve our mission by taking the caring Church into the community, offering practical services and support to anyone who is disadvantaged, vulnerable or marginalised.

At Catholic Care we work without prejudice and we care for and support people of all faiths and none. We also employ people of all faiths and none. Yet, as our name clearly states, we are a faith based organisation and, more specifically, we are a Catholic organisation. Catholic Care's mission and values draw directly from Catholic Social Teaching in particular focusing on building a just society and the way we live our lives amidst the challenges of modern society. We believe our Catholic values are best shown through the way we work and we adopt the following values: Care, Community, Compassion, Dignity, Justice and Equality.

Catholic Care continues to respond to the needs of people today with a wide range of services which we provide across the Diocese to both children and adults.

These services, including both our regulated and community services, are referred to in this Annual Review.

The Board of Trustees, chaired by Bishop Marcus, are fully committed to, and supportive of the work undertaken by Catholic Care. The Trustees have visited homes and projects during the year to see and understand the work being undertaken. After a visit to the children's home Bishop Marcus commented on the challenging work being undertaken so well.

At the end of one busy tour Sue Rix commented "what an amazing afternoon". She had felt privileged to have been on the visits, further commenting "a total joy to be with some of God's chosen ones, both residents and staff".

A Message from Bishop Marcus

Since my appointment as Bishop of Leeds and becoming involved with Catholic Care through my role as Chair of Trustees, I have been impressed with the sense of life and energy emanating from the Charity. It undertakes great work on behalf of the Diocese, reaching out to the most disadvantaged, vulnerable and marginalised people living side by side with us across our Diocese. I have experienced how the Charity's staff and volunteers are totally dedicated and committed to making a positive difference to these people in need. For this I thank them.

Children & Young People's Services

“The young people continue to receive outstanding care in this home.”

Ofsted inspection March 2017

Our residential home provides high quality care for children unable to live with their own family. The rating from the Ofsted inspection in March 2017 confirmed the home as outstanding in all areas.

We aim to positively change the lives of children and help them fulfil their potential by offering bespoke child centered care in a family style setting. Our outreach service for children with learning disabilities ranges from providing support within their home to providing support in a classroom setting.

7

residential places

4

young people receiving out reach support

13

young people receiving care during the year



Learning Disability Services

“What a lovely place, its a real home.”

Visiting Doctor

At Catholic Care we take a positive approach to caring for those with learning disabilities and prefer to focus on an individual’s ability, not their disability.

We believe that people with learning disabilities have the same rights as the rest of society. We structure our services around the principles of privacy, dignity, independence, choice, control, responsible risk taking, the preservation of individual rights and self-fulfilment.

11

residential & supported living homes

53

people being cared for

82

staff delivering the service



Schools, Children & Family Wellbeing Services

At Catholic Care we offer a team of dedicated school & family social work professionals that encompass individual counselling support for children & young people, group work, family social work support and safeguarding.

Our service is centered on the needs of children experiencing extreme distress to fulfil their potential, access fully life and learning opportunities offered by the school and support families, parents and teachers in their vital roles.

58 schools supported

6 working across 6 local authorities

16,000

Over 16 thousand 1:1 sessions held





“The service goes from strength to strength. I recommend Catholic Care to many schools and will continue to do so.”

Headteacher

Psychotherapy & Counselling Service

During 2016 we further developed our service to include a dedicated psychotherapy and counselling service. This is enhanced school based counselling to support children and young people with mental health issues. It can be an effective early intervention strategy for young people who have a wide and disparate range of problems. Evidence shows that school based counselling is associated with improvements in relationships when there are family problems; the ability to cope after bereavement; eating disorders; bullying and other emotional behavioural social difficulties, including management of anger.

Educational Psychology Service

In response to needs our team of Educational Psychologists grew to 3 working across 14 schools.

Mindful Schools

In September 2016 we launched “Mindful Schools” as a pilot project in St. Joseph’s Primary School, Castleford. Mindfulness gives pupils and staff the building blocks to reach their own potential and gives children the vital life skills in order to enhance their emotional resilience, build their self confidence and cope with stressful situations.



236

parents supported

180

child protection cases

Mental Health Services

“There is something special going on at Foundry Mill, I’m delighted to have visited the project.”

Student Nurse

To reflect the personal nature of mental health, we offer a highly personalised range of services. These enable people to live full, independent lives and aim to improve their overall quality of life.

Our holistic approach is based on a personal commitment to each person’s recovery and takes into consideration their mental, physical and spiritual needs. In addition to helping them to maintain good mental health, we provide practical assistance to enable each person to fund and manage their own home.

Wherever possible, we believe in encouraging and supporting people to become active members of the community and in doing so prevent relapses and future hospital admissions.

11

people receiving support during the year

10

self contained flats



Older People's Services

"Its wonderful to make true friends of the acquaintances I have known for many years in the parish."

Attendee

We have all heard in the media how in England and Wales people are on average living longer. Older people have many skills and experiences, and many want to have more social contacts, but often they find themselves isolated, for example following bereavement, or because of reduced mobility.

Our community groups across the Diocese address loneliness and isolation through providing welcoming places to meet and supporting friendships.

16

people cared for through the outreach service

138

people regularly attend community groups

Our outreach services include:

- Personal care
- Practical support with meal preparation, housework and laundry
- Support in the community with grocery shopping, collecting prescriptions and accompanying to appointments.

In addition Catholic Care also provides this service to older priests as it works with the Diocese in supporting its retired clergy.



Community Services



Catholic Care delivers both regulated and community services. During the year the Charity has increased its support in community services.

Gianna: pregnancy & parenting services

Established in 2011 the Catholic Care Gianna project, named after St Gianna who is the Patron Saint of mothers, physicians and unborn children, continues to offer confidential one-to-one support and advice to women and girls during and beyond pregnancy. Our experienced, friendly team offer practical advice, baby clothes and equipment until the child's first birthday.

Asylum Seekers & Refugees

Throughout the year we have supported this most marginalised group of people with food, clothes, toys and baby equipment. We have also worked with the Diocese and St Monica's Housing to provide a property offering short term accommodation to destitute asylum seekers. During the year we have recruited a worker to work with the Diocesan Refugee Support Group to continue this work.

Crisis Funds

Thanks to our generous supporters and donators Catholic Care carries a crisis fund to support families in crisis.

97 referrals supported by Gianna during the year



“When we needed help you were there for us”

Refugee family



Parents' Peer Support Group

It's not easy being a parent especially when life throws up many additional challenges. Our group allows parents time to have a drink and a chat and ask advice if required before their children join them from school. We then offer activities for the children together with a hot nourishing snack.

Stay and Play Groups

These friendly groups are for parents and carers (often grandparents, aunties, etc.,) to socialise and seek support and guidance if required and, of course for young children to play. Activities include singing, reading stories, messy play, soft play and interactive skills. Healthy snacks are also provided.

The Embrace Project

Working with CSAN, the SVP, the Diocese of Salford and the Arch Diocese of Birmingham, Catholic Care was successful in a grant application to be part of a national pilot project which supports parishes to engage with the older members in their communities to address loneliness and isolation. Catholic Care is engaging with the Keighley and Skipton Deanery on this project.



Volunteering at Catholic Care



This is me “Deanery Debbie”

Four and a half years ago when my Occupational Therapist suggested that I take up voluntary work, to help with my confidence and depression, I protested and dragged my feet. Luckily, my OT was persistent and arranged an ‘interview’ for me. I had planned to go but also expected to hate it, oh how wrong I was.

When I arrived I was thrown in at the deep end and they put me to work straight away. By the end of the first session I was hooked, I knew I wanted to get to know these incredible people and help as much as I could. When I started I was shy, anxious and nervous, my confidence has shot through the roof since joining the groups and I feel like a completely different person now.

Volunteering at the Deanery Project changed everything for me, suddenly I have this wonderful extended family who support me, care for me and have taught me an awful lot (about myself and the world)! Personally I feel the most valuable lesson I’ve learned is one of community, seeing what a difference reaching out can make and seeing how strong we are standing together.

The Deanery Project has become my biggest passion and looking back now, I can honestly say that first day was the single most pivotal moment of my life and I’d like to thank all those wonderful people I’ve had the great pleasure of working with (at the Deanery and Catholic Care).

At Catholic Care our volunteers are worth their weight in gold and are crucial to the success of the Charity. They give their time freely without compensation.

Our volunteers are committed to supporting projects throughout the services, each and everyone with special unique qualities and strengths enhancing the projects they volunteer at.

The contributions made on a continual basis impact positively not only on the Charity and the people the volunteers have contact with but to the volunteers themselves, maintaining interest beyond their every day.

During the year we have celebrated our volunteers and thanked them for all their time, interest, talents and contributions made to the projects they support.

At our “Oscars Evening” held in October we celebrated one volunteer in particular, “Deanery Debbie” as she is known to her friends as she was acclaimed “Volunteer of the Year”.

Debbie volunteers at Friday Friends, one of the Charity’s weekly community groups for older people. Debbie was unable to attend on the evening to collect her award but she had written how she felt about volunteering and this heartfelt piece was shared with all present.



Canon Peter Maguire RIP

During the year we said goodbye to Canon Peter Maguire who died peacefully in his sleep on 29th December 2016.

Canon Maguire started his official association with Catholic Care in 1982 when he was appointed Administrator (CEO), following in the very large footsteps of Mgr. John Murphy. In reality, his actual association with the Charity had begun well before this date when he was recruited by his predecessor to preach around the Diocese for donations and volunteers.

He continued in the role of Administrator for 10 years and oversaw major changes in the services delivered by Catholic Care. The 1980s were a time of great change in the care of children and Canon Maguire had the unenviable task of closing down a number of residential children's homes as the care of children moved out into the community. Canon was also visionary and saw the opportunity presented by the Care in the Community Act to open small group homes for adults with learning disabilities and mental health issues. It was at this time that the Charity changed its objectives to not only care for children, but adults as well. These services continue successfully today.

Canon Maguire handed over the reigns of Catholic Care in 1990 to Stuart Hanlon yet still remained involved, offering his experience and energies in the role of Trustee, a role he finally stepped down from in 2016.

His 34 years dedicated service to Catholic Care were celebrated in May last year when Bishop Marcus celebrated a Mass of Thanksgiving followed by a reception at Bishop's House for friends and former colleagues, of which there were many. This was a very dignified way to say goodbye to an organisation which had been so important and dear to him over the past 34 years. The smile on his face that day said it all.

Following his retirement as Parish Priest of St. John the Baptist in Normanton and latterly as his health failed, Canon Maguire was cared for at his home by Catholic Care. The members of staff treated him just as he treated many, with respect, dignity, friendship and compassion, day and night.



Meet our Staff

At Catholic Care we really value our staff and can quite honestly say that without them there simply would not be a Catholic Care, a Charity delivering care and support to the disadvantaged, vulnerable and marginalised throughout the Diocese of Leeds.

On Friday 14th October the Charity held its second "Oscars Evening", a celebration of staff achievements, recognition of all the good works and a night simply to say Thank You.

52

staff members had 100% attendance

Qualifications achieved

The first awards of the evening were for those achieving qualifications which included Level 2, 3 and 5 Diplomas, and a Practice Education Award for Jessica Hall. Carol said "we have high expectations of our staff ... to achieve this high standard we recognise that training plays a key role".

Attendance

Our second category of awards for the evening was for those achieving 100% attendance. There were 52 winners of this award representing over 1/3 of our entire staff. This reflects the continued level of high quality care the staff deliver.

25 years of service

The next category of awards was for those members of staff who had achieved 25 years service. "It's when you look at long service that adjectives like dedication, loyalty, commitment and devoted really do start to have meaning" said Carol. Three staff were recognised, all for serving the Charity for 25 years:

Kathy Snell – Registered Domiciliary Care Manager

Peter Simmons – Manager Older People's Community Groups

Janet Kavanagh – Senior Housing Support Worker – Mental Health Services



“Sometimes we forget to say thank you but tonight helped us to get it right for the amazing teams that make Catholic Care what it is and continues to be as it seeks to fulfil its mission.”

Sue Rix, Trustee

Children's Services

This year service awards were introduced in recognition of a member of staff who has made a significant impact on their service. The award for the Children's Services went to Owen Corrigan:

“Despite harrowing circumstances, Owen approaches whatever is in front of him with a calmness and serenity and with a total focus on the wellbeing of the young person he is caring for and their family.”

Adults' Services

The award for the Adults' Services went to Deborah O'Brien. Dementia is never easy to deal with and when faced with the onset of dementia in a resident Deborah responded so positively, supporting staff and family members alike.

The Mathew Kearns Award

The Mathew Kearns Award, a beautiful glass sculpture, was awarded to Eileen Holland O'Malley recognising her bereavement work.

Employee of the Year

The final award of the evening was for Employee of the Year and staff were asked to nominate their colleagues who they thought had gone beyond the call of duty.

The names put forward were shortlisted by the Trustees to Joanne Cunningham and Mathew Kearns:

“Joanne has dedicated her life to Catholic Care. She works tirelessly with a smile on her face”.

“I feel very proud and privileged to have Mathew on our schools team and I believe he is a great ambassador for Catholic Care.”

How could we choose between two such excellent people and both were awarded jointly Employee of the Year.



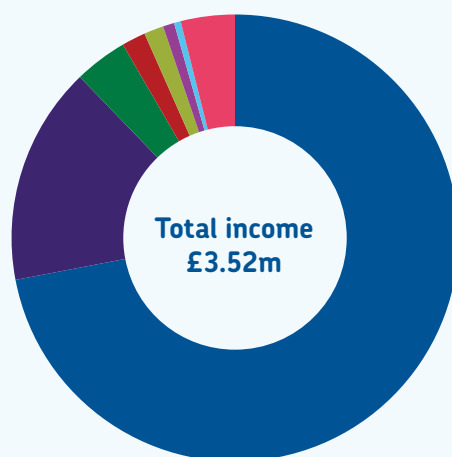
Financial Overview

For the year ended 31st March 2017

Income from charitable activities	£3,390,648
Income from donations and legacies	£98,807
Investment income	£28,799
Christmas card sales	£2,211
Total income	£3,520,465
Total expenditure	£3,616,672
Other gains / losses	£113,412
Net movement in funds	£17,205

Income Sources

- Statutory Funding
- Schools
- Fundraising / Donations
- Outreach services
- Grants
- Investment income
- Community Group income
- Other income

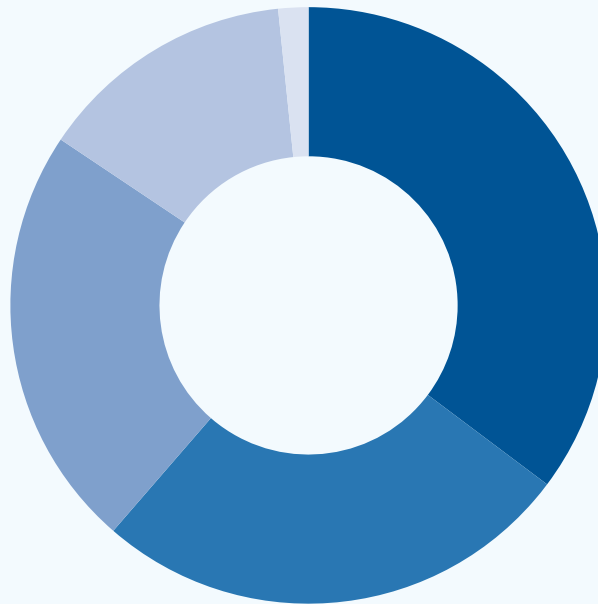


The information is extracted from the audited financial statements for the year ended 31 March 2017, which were approved by the Trustees on 24 August 2017. A copy of the Trustees' report and financial statements is available from the Charity's website in the about us/ finances section.



Fundraising

- Good Shepherd Appeal
- Refugee Crisis Appeal
- Annual Appeal
- Donations
- Christmas Card Sales



£47,739 Good Shepherd Appeal

The Good Shepherd Appeal was initiated by Bishop Cowgill in 1911 and is run annually involving the students of the diocesan schools who organise a wide range of fundraising events.

£35,388 Refugee Crisis Appeal

On the first weekend of November 2016 an appeal was made to the parishes to support a second collection to support the diocesan response to the refugee crisis.

£31,183 Annual Appeal

The Bishop of Leeds appeals to every parish in the diocese on behalf of Catholic Care for funds to support our charitable and social-welfare work, which we undertake on behalf of the diocese.

2016 Christmas Appeal

As part of our 2016 Christmas Appeal we asked people to take a moment to remember the many people in our communities who do not have a place to call home, or a family to be with, who are struggling financially, living alone or experiencing social isolation.

In particular we were asked to remember:

- Homeless and destitute
- Asylum seekers and refugees
- Older people
- Children in care
- Broken families
- Those left behind by society, especially those with a disability.

Thank you to:

Our donators, supporters and schools who have made financial donations to the hardship fund totalling £1,857. This enables us to deal swiftly with traumatic circumstances supporting families during the year.

The schools in the Diocese of Leeds who made donations to our “When a child is born appeal”. The pupils were asked to think about the gifts they could bring baby Jesus if he was born today. These gifts are used throughout the year in our Gianna Project which supports mothers and their babies with an unplanned pregnancy. Your generous gifts have also enabled us to support refugees and asylum seekers and the centre for trafficked women. Our stores are now replenished.

All those who have donated toys. We made over 130 toy deliveries to needy families in the community and to refugee families who arrive in the country with nothing. Your generous donations have put a smile on the face of a child. All those who have donated food and toiletries. Our team have delivered around 70 hampers to families who really struggle all year round and especially so at Christmas.

The generous donations of gifts also provided “Christmas stockings” for the young people in our care for whom Christmas is an exceptionally difficult time.



Make a donation

Please help us to continue our vital work

Name

Address

Postcode

Email

Telephone

To donate online, please visit the make a donation page on our website or use the donate button on our facebook page.

I enclose a cheque / PO (made payable to Catholic Care)

In order to Gift Aid your donation you must tick the box below:

I want to Gift Aid my donation of
to Catholic Care (Diocese of Leeds)

£

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay any difference.

Signature

Please notify Catholic Care if you: want to cancel this declaration; change your name or home address; no longer pay sufficient tax on your income and/or capital gains.

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self Assessment tax return or ask HMRC to adjust your tax code.

For more information and to keep up to date with our latest news articles, visit our website www.catholic-care.org.uk

You can also visit our Facebook page www.facebook.com/catholiccareleeds

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