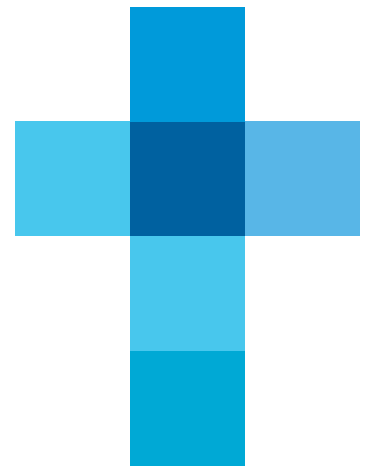


Catholic Care

news



Welcome, from Carol Hill, Director of Catholic Care

Welcome to this Spring/Summer edition of our newsletter, as always action packed with news and developments in our services over the past few months.

The first half of 2014 has certainly been a busy start to the year. We have extended our Leeds children's home to include two 'trainer' flats where the young people we care for can learn independence skills to better equip them for life after care. We have also purchased a property in Harrogate opposite St. Robert's Church which we are now refurbishing to create four apartments offering care and support to mature ladies and gentlemen and, amid all this, we were successful, following our recent inspection, in retaining our ongoing accreditation with Investors in People.

May I take this opportunity to wish you all a very happy holiday season and a safe return from your travels.

2014 Events

Summer Fayre

Saturday 12th July 2014, 11am - 4pm.
Within the garden at Catholic Care's Head Office and within the grounds of Hinsley Hall. **All Welcome**

Bacon and Cabbage Night

Friday 19th September 2014, from 7.30pm, Leeds Irish Centre. A night of good food, fun and dance. For tickets please contact Catholic Care Head Office. **All Welcome**

Annual General Meeting

Further details to follow

Christmas Dinner Dance

Friday 28th November 2014, Leeds Irish Centre. Further details to follow. **All Welcome**

The Queen's Garden Party

Catholic Care was honoured for all its dedicated work with the weak, vulnerable and disadvantaged members of our communities recently with an invite to 'The Queen's Garden Party'.

"The Charity's 150th Anniversary last year, and the events to mark this special occasion, allowed us to raise the profile of the organisation, telling more and more people of the good works undertaken" said Carol Hill (Director).

Carol and Mary Simmons (Service Manager for Children's Services and Mental Ill Health Services),

represented the Charity and set off for Buckingham Palace on 4 June, dressed fit to meet the Queen, complete with hats, and had a truly wonderful day.

The highlight of the day was a quiet chat with Cardinal Nichols in the gardens of the Palace. "A day I will always remember" remarked Mary as she walked out through the Palace gates at the end of the day.



Join us at the Catholic Care

SUMMER FAYRE

You are invited to join us on Saturday 12th July 2014 from 11am to 4pm for our Summer Fayre.

This year's event will take place in the grounds of Hinsley Hall, 62 Headingly Lane, Leeds LS6 2BX

Activities for the day include: Tombola / Craft Stalls / Street Food / Cake Stall / Cream Teas / Raffle / Plant Sale / Children's Activities / Best Dressed Teddy Competition (bring yours along if you'd like to enter)

A Special Thank You Staff and residents from one of our residential homes for adults with learning disabilities were out recently celebrating a birthday at an Indian restaurant. When they came to pay the bill the restaurant staff told them it had already been paid by a couple who had sat close by and were touched by how the group had interacted with one another and how the staff had supported the residents with such dignity. The couple left before we had the chance to express our gratitude so, on behalf of Catholic Care, **THANK YOU.**

Riding for the Disabled

My name is Kathryn and I live in Skipton. I have been living there now for over 10 years with my friends Kaiwan and David.

I was recently asked by Sharon to tell everyone about one of my new activities I really like to do.

I have started horse riding with the Riding for the Disabled which is at St Ives Park, near Bingley.

I go for half an hour every Thursday.

The horse I ride is called Duke who is a lovely horse and is 22 years old. He is very gentle and patient and I love to ride him.

I get on him by walking up a ramp to help me, and there are plenty of staff to support me.

I pat Duke and say "come on Duke" when I want him to walk faster.

I do several laps around the arena. Sometimes I throw bean bags into a bucket whilst I am riding round.

To climb off Duke I have to lean forward as though to give him a hug and then staff help me to slide down to get off.

I pat him and say "well done Duke"

I also like to do stable management some weeks, where I will groom Duke and sweep the stables.

I have such a good time there and I have made lots of new friends.

I love to talk to people about what I do and would recommend horse riding to anyone.

Kathryn

A 'Happy 1st Birthday' to Monday Friends



Time flies by, and it has indeed passed quickly for our Monday Friends - Catholic Care's Older People's Community Group in Normanton, as they have recently celebrated their 1st birthday.

This Group meets each week at the Canon O'Grady Hall, St John's Catholic Church in Normanton to share their presence, knowledge and memories with one another and to participate in activities. The date itself was marked with a birthday party, to which each member brought a plate of goodies and Catholic Care brought the cake.

The Members usually arrive at 10am and settle with either a cup of tea or coffee. The day progresses with a period of gentle exercise taught by Tarek, an Age UK Fitness Instructor, who specialises in older people's exercise. After this, those present participate in Boccia Bowling and Kurling which all the members particularly enjoy. The day ends with a cup of tea or coffee and a well earned biscuit which allows all present to wind down and have a final chat and a treat!

During the morning chats the Friends are heard to make such comments:

"Monday mornings have changed so much with my going to Monday Friends - no 'blue' start to the week."

"Meeting with old friends each week makes it special!"

"I enjoy the cuppa and chat; and I love the exercises and games with such a very good instructor. It's a great morning."

"It gets me out of the house which I sometimes can't be bothered to do but I feel better for it and we often have a bit of a giggle which can't be a bad thing."

"I enjoy the exercises and the company very much."

As with other Groups, satisfaction is witnessed in presence and participation; with a real sense of enjoyment and fulfilment. This Group goes from strength to strength and we wish it 'many happy returns' on its first birthday and many blessings for the years ahead.

The work of Catholic Care continues to focus on those in need and has formed other Groups at:

- St Peter and Paul's, Durkar on Wednesday mornings at 10.00am
- St Austin's, Wakefield on Wednesday afternoons at 2.00pm

If you require any information on the above groups or on the work of Catholic Care's Services for Older People please call 0113 388 5400



Catholic Care Proudly Presented its First Oscars on Thursday 22 May 2014

This special evening was held at the Little Sisters of the Poor in Headingley and started with a Mass of Thanksgiving for our hard working and committed staff, both past and present. Following this, Trustees and staff moved into the auditorium for a night of celebration, awards, sumptuous food and a little drink to wash it down.

The Catholic Care Oscars evening was a big thank you to staff for their loyal and dedicated service to the Charity and doing that little bit extra for those people we care for and support.

Carol Hill (Director) opened the proceedings saying "our staff are our greatest asset." She continued, "these words are both powerful and true for without you there simply would not be a Catholic Care". The formalities over, the fun began!

Richard Strudwick, professional Toast Master, Master of Ceremonies and friend of Catholic Care, presented the awards and kept us entertained all night with his stories and with his own indomitable personality. The evening went with a swing and was enjoyed by all.

Awards were presented to those achieving qualifications, to those achieving 100% attendance over the past 12 months and for long service - including Diane Adkin (25 years), Sheila Jackson (26 years), Owen Corrigan (27 years), Joanne Cunningham (29 years), Mary Simmons (31 years) and Kath Green (36 years). Following this the staff at Harrison Crescent Children's Home won Team of the Year.

Then we announced the Employee of the Year. For this award we asked staff to nominate their colleagues who they thought had done their job well but had also gone beyond the call of duty. With great difficulty the 11 nominations were shortlisted to 3 finalists with Marie Meegan (Domiciliary Care Manager) being the eventual winner with the accolade "Marie is selfless, honest and has a wonderful approach in all she takes on."

Congratulations to all our staff.



Good Shepherd Celebration 2014

What a joy it was to see the hundreds of pupils arriving from all over the Leeds Diocese in order to gather together to celebrate and mark the annual Good Shepherd Appeal of 2014. Many brought along their school banners and this formed a wonderful and colourful 'rainbow' procession as pupils, staff and helpers, together with Monsignor John Wilson, paraded around the Cathedral.

Carol Hill, Director of Catholic Care welcomed everyone to the event, and shared with the pupil representatives that money raised would go to support the needy and vulnerable. The Director thanked all present for taking part in the annual event and spoke about the works of Catholic Care and how it is desirable and possible for us all be good shepherds... "A Good Shepherd is someone who will help you when you get lost; someone who cares for you; someone who loves you..."

This year the Catholic Primary of St Mary's, Rothwell, Leeds, was the school which presented the theme for the Good Shepherd event, the singing and presentations being entertaining and joyful.

Monsignor Wilson, in his address, also spoke about how everyone can and should be good shepherds by showing kindness to others.

His words were:

Teachers are GOOD SHEPHERDS

Parents are GOOD SHEPHERDS

Priests are GOOD SHEPHERDS

Each one of us is a GOOD SHEPHERD

And above all Jesus is THE GOOD SHEPHERD as He loves and cares for each and every one of us."

An excellent event and a day to remember indeed.



Directory of who we care for:

Learning Disability Services

Positive services delivered in residential and supported homes that focus on people's abilities and not their disabilities.

School & Family Social Work Services

Our qualified team of professionals provide advice, support and counselling for children, young people, families and teachers.

Older People's Services

Community Groups to support friendships and tackle loneliness. Community Outreach - providing care and support in your own home, helping you to live independently for longer. Accommodation - apartments offering freedom and independence with care and support close at hand when you need it.

Gianna: Pregnancy & Parenting Services

Confidential, one-to-one support and helpful advice.

Children & Young People's Services

Services that make a positive difference to the lives of children and young people in our residential care. Specialist care and support for children and young people with a learning disability, particularly those with Autism, both in the home and in respite care, where we aim to provide the tools and advice they need to live full and independent lives.

Mental Health Services

Services that focus on mental, physical and spiritual needs, delivered in supported accommodation.

Our Mission

In everything we do, we strive to show how the teachings of Christian love, charity and justice can shape the way we live together.

We aim to achieve this by taking the Caring Church into the Community and offering practical services and support for anyone who is weak and vulnerable, regardless of their faith.

Hidden talents

Congratulations to Reece who has made this excellent wheel barrow and bird table at Skills 4 U. He has worked hard on both projects and is currently undertaking a bird table to present at Head Office.



O God, you have called us
To be like little children.
Give us the eyes of a child -
Curious and determined
To see what is going on.
Give us the ears of a child -
Sharp and attentive
To hear the word of your love.
And give us the energy
of a child -
Expecting a response
And confident that we can
change the world.
Amen
Janet Morley

Catholic Care (Diocese of Leeds)
11 North Grange Road
Headingley
Leeds
LS6 2BR

Telephone
0113 388 5400
Facsimile
0113 388 5401
Email
info@catholic-care.org.uk

www.catholic-care.org.uk

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A service you can believe in